



# MODERN OPTICS

**Deals in: Branded Frames & Sunglasses Spectacles & Contact Lenses Etc.**  
Vir Marg, Residency Road, Jammu | Opp. Aqaf Market, Near PNB, Gandhi Ngr, Jmu.  
Ph: 0191-2564884 Mob.: 97962 13535



**Dr. Ashok K. Sharma**  
M.S. (Ophtho) M.N.A.M.S.  
Diplomate N.B.  
Dip. BSAT Cambridge U.K.  
Consultant Eye Surgeon Govt. Medical College  
& Associated Hospitals, Jmu  
Timing : 4:00 P.M. to 5:30 P.M.

GOOD LUCK TRADING CO.  
G.BUS.STAND, ANANTNAG.....9419042513

## KATHUA

**ANEJA FOOD PRODUCTS**  
SICOP, INDUSTRIAL AREA, KATHUA, JMU.....  
9419152276  
(See Advertisement On Page No. 247)  
S.R.VANASPATI (P)LTD.  
KATHUA.....236505

## OPTICIANS

## JAMMU

BAWA OPTICALS  
MAHESHPURA CHK., JMU.....9796026107  
BON TON OPTICIANS  
JMU.....2554775  
**CANAL EYE CLINIC**  
243-A, KRISHNA NGR, OPP. COMMERCIAL  
COLLEGE CANAL RD. JMU.....9419147530  
(See Advertisement On Page No. 326)  
CENTRE FOR SIGHT  
REHARI CHUNGI, JMU.....2545486  
CENTRE FOR SIGHT  
SAINIK COLONY, JMU.....2468751  
CITIZEN OPTICIAN  
AMAR MARKET, RAGHUNATH BAZAR, JMU...  
2546725  
CITY OPTICALS  
PALACE RD., JMU.....9906310142  
CROWN OPTICALS  
GANDHI NGR.....2455540  
DIAMOND OPTICIANS  
MAIN CHK, JANIPUR, JMU....9419285346  
EYE CARE OPTICIANS  
B. C. RD., JMU.....2575167  
EYE CARE OPTICIANS  
GANDHI NGR., JMU.....8803510198  
GANPATI OPTICAL

NAI BASTI, JMU.....9419204734  
GEM OPTICIANS  
MAIN ROAD, NAI BASTI, JMU.....2432608  
GEM OPTICIANS  
GANDHI NAGAR, JMU.....9419195859  
GEM OPTICIANS  
B.C ROAD, JMU.....9797678805  
**GEM EYE CARE**  
GANDHI PLAZA, G.NGR, JMU.....2432229  
(See Advertisement On Page No. 327)  
GOEL OPTICIANS  
RAGHUNATH BZR. JMU.....2579733  
ISHWAR OPTICIANS  
CHANNI HIMMAT, JMU.....9419112183

**JAIPAL SINGH**  
Email: icareopticals6@gmail.com  
**I CARE OPTICAL**  
Kindly Visit For:  
Computerised Eye Testing, Spectacle  
Frames, Goggles, Contact Lens etc.  
Sec-7, Main Road Nanak Nagar, Jammu  
Near Gurudwara Sant Pura Danna.  
**+91 94191 53938 | 70068 41008**

J.K. LAZERS  
GANDHI NGR, JMU.....2436185  
JAIN'S KWALITY OPTICIANS  
JAIN BZR. JMU.....2471036  
JAIN MAA KALI OPTICIAN  
DHAKKI SARAJAN, JMU.....2566964  
JAIN RAKESH BONTON OPTICIAN SHOP  
T.TILLO, JMU.....2554775  
JANDYAL OPTICIANS  
APSARA RD., GN.NGR, JMU.....2459257  
K.V. ENTERPRISES  
204/A, REHARI COLONY, JMU.....2583371  
KAK OPTICALS  
R.N.BZR, JMU.....2542022  
KAPOOR OPTICALS  
11, BAKSHI NAGAR, JMU.....2585534  
KASHMIR OPTICAL CO.  
VIR MARG, JMU.....2573723

KAY OPTICIANS  
DIAGIAN CAMP, JMU.....9419281303  
KUMAR OPTICALS  
CANAL RD., JMU.....7051972916  
**KUMAR OPTICALS**  
BARI BRAHAMANA, JMU.....9469133295

**Kumar Opticals**  
Computerised Eye Testing  
Deals in: Eye Specialist  
Frames, Goggles, Contact Lens  
Dr. Ashok Kr. Sharma  
Dr. Comes Only Sunday  
Near Railway Crossing, Teshil Road, Bari Brahmna.  
Mob: 9469133295

KWALITY OPTICIANS  
JAIN BZR, JMU.....2542468  
KWALITY OPTICIANS  
BAHU PLAZA, JMU.....2471036  
LAXMI EYE CLINIC COLOR LAB.  
CANAL RD., JMU.....2573597  
MATTO EYE CENTRE  
GANDHI NAGAR, JMU.....9906800047  
MEHAK OPTICAL CLINIC  
CHINORE, BANTALAB, JMU...9419148811  
MILITRAY OPTICAL HOUSE  
PACCA DANGA, JMU.....9419191436  
**MODERN OPTICS**  
AQUAF MKT. NEAR PNB BANK, GANDHI  
NAGAR, JMU.....9796213535  
(See Advertisement On Page No. 326)  
**MODERN OPTICS**  
RESIDENCY RD., JMU.....2564884  
(See Advertisement On Page No. 326)  
MODERN VISION CARE  
KUNJWANI, JMU.....7780981364  
**NASEEB OPTICALS EYE CARE CENTRE**  
BUS STAND, MIRAN SAHIB, JMU...7006678803  
(See Advertisement On Page No. 326)  
NATIONAL OPTICAL WORKS

GANDHI NGR, JMU.....9419180838  
NEW CITIZEN OPTICIAN  
N. BLOCK, BAHU PLAZA, JMU.....2470542  
NEW CITY OPTICAL  
JAIL ROAD, JMU.....9419851114  
NEW JANDYAL OPTICIANS  
APSARA RD., GANDHI NGR.....9419186863  
NEW QUALITY OPTICIANS  
MAINRD GANGYAL, JMU.....2480918  
GANPATI OPTICAL  
NAI BASTI, JMU.....9419272919  
**GEM OPTICIANS**  
GOLE MKT, GANDHI NGR., JMU.....  
2432229  
(See Advertisement On Page No. 326)  
GEM OPTICIANS  
NAI BASTI., JMU.....2432608  
GEM OPTICIANS  
MAHESHPURA CHK., JMU.....9419184538  
JAIN OPTICIANS  
RESIDENCY RD., JMU.....9419101997  
LAXMI OPTICIAN  
COLEGE RD., JMU.....9796479450  
RAMA OPTICIANS  
KACHI CHAWNI, JMU.....2543014  
QUALITY OPTIWORKS  
36, B.C ROAD, JMU.....9018942703  
R.B. OPTICAL  
SEC-3, CHANNI HIMMAT, JMU.....9796000216  
RAMA OPTICIANS  
KACHI CHAWNI, JMU.....2543014  
RITIKA OPTICAL WORKS  
JEWEL CHK., JMU.....9419222331  
RITIKA OPTICAL WORKS  
CHANNI HIMMAT, JMU.....8716802331

**RUPA OPTICAL & CONTACT LENS CLINIC**  
SARWAL CHK., JMU.....2596704  
(See Advertisement On Page No. 326)  
**S.K EYE CARE & OPTICAL**  
BARNAI ROAD, NR. BASANT PALACE,  
BANTALAB JMU.....9419521113  
(See Advertisement On Page No. 326)  
S.M. RETINA & LASER EYE CENTRE  
13 A/C, GANDHI NGR., JMU...9419184888  
SANJEEV CAP & OPTICAL CORNER

**Kuldeep Mattoo** (M): 9419147530  
Dr. V.K. Gandotra Visiting Doctors (TUE, THU, SAT)  
Dr. Renu Hashi Dhar (MON, WED, FRI)

- Computerised sight testing
- Cosmetic Lenses
- Contact Lenses
- Goggles
- Intraocular Lenses
- Spectacles
- Opticians & Repairers
- Binoculars

243-A, Krishna Nagar, Inside Lane Opp. Commerce College, Canal Road, Jammu Tawi-180001

**Canal Eye Clinic**  
For Scientific Accuracy in Optical Service  
Computerised Eye Testing & Contact Lens House  
Eye tests are very important.

**Jai Guru Dev** **Jai Guru Ravi Dass Ji** See our colour advt. on flap cover

**NASEEB OPTICALS & EYE CARE CENTRE**  
Near Bus Stand, Miran Sahib, Jammu | (M) : +91 70066-78803, +91 97966-63872

- \* All kinds of Goggles \* Frames
- \* Lenses \* Sight Spects
- \* Contact Lenses available.

Eye Sight Checking here also.

**Rupa Optical & Contact Lens Clinic**  
Sarwal Chowk, Jammu Ph: 2596704. Mob.: + 91-94191-91880

**M.K Bhat** free Computerised Eye Testing on Every Saturday  
B.Sc. (KU), B.A.S.M  
D. Oph T.C.C.L.P  
F.C.L.I (Aligh)

Morning Residence: 9.00 AM - 10:30 AM  
Evening : 5.00 PM - 8.30 PM

Branded Sunglasses, Frames & all Types of Contact Lenses.

**Mr. Sushil Kumar**  
**S.K. EYE CARE & OPTICALS**  
Brand: Ray-Ban, Vogue, Tommy- Hilfiger, Calvin Klein, Titan, Fastrack & Many more...  
Polaroid, Opium, Pierre Cardin, Seventh Street etc.

**Dr. Deepak Bhat** (MBBS, MS, FEAH)  
Phaco & Refractive Surgeon

**Ray-Ban**  
**CALVIN KLEIN**  
**TITAN**  
Crizal, Carl Zeiss, Nova, Rodenstock, Varilux etc.

**YOUR EYES OUR RESPONSIBILITY**  
**fastrack**  
**VOGUE**  
**TOMMY**  
**HILFIGER**

**E F P T O Z L P E D P E C F D E D F C Z P F E L O P Z D D E F P O T E C**

Barnai Road, Near Basant Palace, Main Bazar, Bantalab, Jammu | (M): 9419521113