



The Ortho Care Physiotherapy Clinic



(All Types Of Physiotherapy Treatments are Available)

Dr. Jaspreet Kour PT
Consultant Physiotherapist

CLINIC TIMINGS
Weekdays
3 P.M to 7 P.M

Home Visit Facility Available on Request

FACILITIES AVAILABLE

- Exercise Therapy
- Electro Therapy
- Hydro Therapy
- Rehabilitations (Orthopaedic, Neurological)
- Sports Therapy
- Paediatrics Physiotherapy
- Geriatrics Physiotherapy
- Yoga Therapy
- Wax Therapy
- Cryo Therapy
- K-Taping
- Weight Management
- Diet Management

Near Police Station,
Opp. Hanuman Mandir,
Miran Sahib,
R.S.Pura Road, Jmu.
Mob. : 9796828687,
9596898687

ORTHO CARE PHYSIOTHERAPY CLINIC

Near Ice Cold Store, Lower Gadi Garh. Mob.: 9596003543



Dr. Tripti Sharma
BPT, MIAP

Consultant Physiotherapist

Timing : Mon. to Sat.
10 : 00 a.m to 1 : 00 p.m
5 : 00 p.m to 8 : 00 p.m

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Dr. Anu Bala Sharma
Consultant Physiotherapist
B.P.T, MIAP, M.P.T (Orthopaedics)

Specialised In

Orthopaedic Physiotherapy
Neurological Physiotherapy
Sports Physiotherapy

Lane-1, Anand Nagar
Bohri Talab Tillo, Jammu
(M): 9596705111, 7889625724

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JK Physiotherapy & Rehabilitation Clinic

Well Equipped with Ultra Modern & Computerised Equipments



FACILITIES AVAILABLE

- Exercise Therapy
- Electro Therapy
- Hydro Therapy
- Rehabilitations (Orthopaedic, Neurological, Cardio-Respiratory)
- Laser Therapy
- Sports Therapy
- Paediatrics Physiotherapy
- Geriatrics Physiotherapy
- Yoga Therapy
- Wax Therapy
- Cryo Therapy
- IASTM
- K-Taping
- Weight Management
- Diet Management



CLINIC TIMINGS
Weekdays
10:00 am to 2:00 pm & 5:00 pm to 8:00 pm
Sunday: By Appointment Only

Dr. Gaurav Vaid PT
Consultant Physiotherapist

135-A, Near Shiv Mandir, Opp. Govt. Quarters, Gandhi Nagar, Jmu.
Ph. : 0191-2435730, 94191-94973 | E-mail: gauravvaid2010@gmail.com